

# First Aid Course Portsmouth

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If you're looking to learn essential first aid skills in Portsmouth, our comprehensive training course offers everything you need to feel confident in an emergency.

Whether you're a complete beginner or seeking a refresher, the course is designed to provide practical, hands-on experience in a supportive learning environment. Participants will gain crucial knowledge in dealing with a wide range of scenarios including CPR, the recovery position, choking, severe bleeding, burns, fractures, and shock. The training is led by qualified and experienced instructors who focus on building your confidence and competence through engaging, real-world examples. Our Portsmouth location is convenient for both individuals and businesses, making

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it easy to attend scheduled courses or arrange on-site group training. All attendees

receive accredited certification upon successful completion, ensuring full compliance with workplace health and safety requirements. Enrolling on a first aid course is a simple yet powerful step towards being prepared to protect the wellbeing of those around you. Join us in Portsmouth and become someone who knows how to act when it matters most. Website: <https://www.firstaidcourseportsmouth.co.uk/> Phone Number: 0191 820 6199 Business Hours: Mon - Sun: 09:00 AM - 05:00 PM

Brand Grade: Grade One

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