

# EF ZEEN MEALS

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The Grove WFD - 900 King Street  
London, ON N5W 5K3  
United Kingdom

Phone: 9052207079

Ef-Zeen is a modern food delivery platform dedicated to bringing fresh, high-quality meals directly to your door. With a focus on locally sourced ingredients and thoughtfully prepared dishes, Ef-Zeen offers a rotating menu of wholesome, flavorful options designed to satisfy a variety of dietary preferences and lifestyles.

Whether you're craving something comforting, healthy, or plant-based, Ef-Zeen makes it easy to enjoy restaurant-quality meals at home—delivered with care,

convenience, and a commitment to exceptional service. Website:

<https://www.ef-zeen.com/> Phone Number:

905 220 7079 Business Hours:

Regular Hours

Monday: 9:00 AM – 6:00 PM

Wednesday: 9:00 AM – 6:00 PM

Friday: 9:00 AM – 6:00 PM Catering Hours

Monday – Friday: 9:00 AM – 6:00 AM (next day)

Saturday & Sunday: 10:00 AM – 4:00 PM

Brand Grade: Grade One

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