

Unit E, Bridgers Farm Business Park
Nursling Street
Southampton, Hampshire SO16 0YA
United Kingdom

Phone: 07508812317

Positive Behaviour Support helps people with learning disabilities achieve their ambitions and reduces the need for “challenging” behaviours using evidence based approaches. Our Approach Our approach is underpinned by Positive Behaviour Support. Positive Behaviour Support is an approach mostly used to support people with learning disabilities whose behaviours challenge others. The goal is to shift the focus away from reducing challenging behaviour to understanding what that behaviour means and supporting people to get what they need better.

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