

Piccolo Pilates

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Piccolo Pilates brings Pilates classes designed by Georgie Morrow to the Brixton, Herne Hill and Tulse Hill area in South London. Designed to build your strength, enhance your movement and connect you to your body. Currently focusing on pre and post natal classes but more classes coming soon. Pregnancy evening class run at The Effra space in Brixton on a Monday night. Mum and Baby Pilates run at The Yellow Qube in Tulse Hill on Wednesday Mornings. Post Natal Pilates run at The Carnegie Library in Herne Hill on Tuesday evenings.

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