

31 Lucey Way Bermondsey London SE16 3UD United Kingdom

Phone: 07774182299

100% natural cure for neck and shoulder pain, tension, headaches, migraines and spine alignment, with a special type of massaging tool! HumanUP method of atlas tune up is a simple technique that returns atlas bone to a correct position, eliminates the pain in the neck and shoulders, relieves tension and more. It helps people achieve life without pain and diseases and prevents future development of the diseases. Atlas therapy is a natural way for back pain treatment and spine alignment for your health and wellbeing. With massage of the ligaments with a special massaging tool you can return atlas - a small bone just under the skull, into its correct position which opens the communication between the head and the body. The blood, nervous signals and fluids can once again freely flow and the first brain can again perform the job of body control and repair. People have reported disappearance of back and neck pain, diminished headaches and migraines, cured breathing problems and allergies, and more. Read testimonials at https://www.humanup.co.uk/testimonials

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